

SNo	Date	Test Type	Test Code	Subject	Detailed Syllabus	Sources
1	Live	Sectional	Sec 01	Everyday Science	States of Matter: Structure of the atom, versatile nature of carbon, acids, bases, salts, corrosion in metals, action of soaps. Life on Earth: Evolution, marine and terrestrial life. Human Body and Life Processes: Nutrition, diseases (causes and prevention), infectious diseases, lifestyle diseases. Public Health Initiatives: Mother and child health, immunization and vaccination programs (HIV-AIDS, TB, polio, etc.). Physics Concepts: - Force: Laws of motion and gravitation, Archimedes' principle. - Energy: Kinetic and potential. - Light: Reflection, refraction, and their applications. - Sound: Propagation, reflection, and their applications. - Electric Current: Concepts and applications. Technology: Basics of computers and telecommunication and their applications. + Related CA	Primary Sources: - NCERT Science Textbooks (Classes 6-10): Fundamental concepts in physics, chemistry, and biology. - NCERT Physics, Chemistry, and Biology (Classes 11-12): Advanced topics relevant to the syllabus. Additional Sources: - Lucent's General Science: Comprehensive coverage of general science topics. - Current Affairs: Science and technology sections from The Hindu and Indian Express.
2	Live	Sectional	Sec 02	Environmental Studies	Atmospheric Composition: Structure of the atmosphere, heat balance, temperature regulation, solar system. Weather and Climate: Atmospheric circulation, weather systems, and water cycle. Climate Change: Fossil fuels, greenhouse gases, renewable energy, clean development mechanism, carbon credits. Water Resources: Oceans, rivers, glaciers, lakes, groundwater. Biodiversity and Conservation: Pollution, soil types, crops, food chains, and toxicity. + Related CA	Primary Sources: - NCERT Science Textbooks (Classes 6-10): Environmental science chapters. - NCERT Geography (Class 12): Fundamentals of Physical Geography. - Ecology and Environment by PMF IAS Additional Sources: - "Ecology and Environment" by P.D. Sharma: In-depth understanding of ecological concepts. - Environmental Studies: From Crisis to Cure by R. Rajagopalan: Insights into environmental issues and solutions. - Current Affairs: Environmental news from Down to Earth magazine.
3	Live	Sectional	Sec 03	Indian Polity, Political Theory and International Order	Core Concepts: Freedom, equality, social justice, rights and duties, citizenship, nationalism, secularism. Constitutional Features: Basic features, provisions, schedules, key amendments. Governance: Panchayati Raj, People's Representation Act, electoral reforms. Political Trends: Rise of regionalism, coalition politics, and armed challenges to the Indian state since independence. International Organizations: United Nations, World Bank, IMF, WTO, EU, G20, BRICS, and their role in global peace, trade, and development. + Punjab Related Topics & Related CA	Primary Sources: - NCERT Political Science Textbooks (Classes 9-12): Foundational concepts in Indian polity. - "Indian Polity" by M. Laxmikanth: Comprehensive guide to the Indian political system. Additional Sources: - "Introduction to the Constitution of India" by D.D. Basu: Detailed analysis of constitutional provisions. - Current Affairs: Updates on governance and international relations from reputable news sources. Punjab Specific: - "Saada Punjab": Comprehensive resource on Punjab's Polity.

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4	Live	Sectional	Sec 04	Ancient & Medieval History	Ancient History: - The Indus Valley Civilization. - The Aryan and the Vedic Age. - Emergence of Jainism and Buddhism. - The Mauryan Period. - The Gupta Period. Medieval History: - Advent of Islam and the Sultanate Period (political, social, and cultural aspects). - The Bhakti Movement. - The Mughals (political, social, and cultural aspects till Aurangzeb). A&M History of Punjab: - Sufis, saints, and gurus. - Lodhis, Mughals, Sikh rulers.	Primary Sources: - NCERT History Textbooks (Classes 6-12): Covers ancient and medieval Indian history. - "India's Ancient Past" by R.S. Sharma: Detailed account of ancient Indian history. - "History of Medieval India" by Satish Chandra: Insights into medieval Indian history. Punjab Specific: - "Saada Punjab": Comprehensive resource on Punjab's history and culture.
5	Live	Sectional	Sec 05	Modern & World History	Colonial Period: - The coming of European Powers and the advent of British rule. - The Mutiny of 1857: Causes, events, and consequences. Indian National Movement (1857–1947): - Rise of socio-political movements. - Formation of the Indian National Congress and its role. - Key events, contributors, and their contributions. World History: - The Renaissance and the Industrial Revolution in Europe. - The American Revolution (1776). - The French Revolution (1789). - The Russian Revolution (1917). - World Wars I & II. Modern History of Punjab: - British period, nationalist movement, and Punjab in independent India.	Primary Sources: - NCERT History Textbooks (Classes 6-12): Modern Indian and world history. - "A Brief History of Modern India" by Rajiv Ahir (Spectrum): Concise coverage of modern Indian history. - "Mastering Modern World History" by Norman Lowe: Comprehensive guide to world history events. Punjab Specific: - "Saada Punjab": Detailed coverage of Punjab's modern history.
6	Live	Sectional	Sec 06	Indian Economy	Post-Independence Development (1950-1991): Key economic policies, public sector dominance, bank nationalization. Economic Reforms Since 1991: Liberalization, privatization, globalization (LPG). Growth, fiscal and revenue deficits, trade, commerce, balance of payments, inflation. Key Challenges and Responses: Agriculture, food security, industrialization, poverty alleviation, employment, rural and urban infrastructure, social sector (health and education). Economy of Punjab: Agriculture, animal husbandry, industrial and service sectors, major occupations, public finance, cooperatives. + Related CA	Primary Sources: - NCERT Economics Textbooks (Classes 9-12): Fundamentals of Indian economic development. - "Indian Economy" by Nitin Singhania: Comprehensive analysis of the Indian economy. Additional Sources: - Union and Punjab Economic Survey - Union & Punjab Budget (2024-2025) - Current Affairs: Economic news from The Hindu and Business Standard & other reputable news sources. Punjab Specific: - "Saada Punjab": Insights into Punjab's economic landscape.

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7	Live	Sectional	Sec 07	Geography	Demographics: Population distribution, density, growth, migration (types, causes, consequences). Human Development: Settlements, land resources, agriculture. Natural Resources: Water, minerals, energy. Industries and Infrastructure: Manufacturing industries, transport, communication, and sustainable development. Trade and Issues: International trade, geographical perspectives on selected problems. Geography of Punjab: Geographical and agro-climatic regions, rivers, water resources, demographics, human development indices. + Related CA	Primary Sources: - NCERT Geography Textbooks (Classes 6-12): Comprehensive coverage of physical and human geography. - "Certificate Physical and Human Geography" by G.C. Leong: In-depth understanding of geographical concepts. Additional Sources: - Oxford Student Atlas: Visual aid for geographical locations and features. - Current Affairs: Geography-related news from reputable sources. Punjab Specific: - "Saada Punjab": Detailed information on Punjab's geography.
8	Live	Merged Sectional	Sec 08	History & Polity	All topics related to - Sec 03 - Indian Polity, Political Theory and International Order Sec 04 - Ancient & Medieval History Sec 05 - Modern & World History	
9	Live	Merged Sectional	Sec 09	Geography , Economy, Environment & SnT	All topics related to - Sec 01 - Everyday Science Sec 02 - Environmental Studies Sec 06 - Indian Economy Sec 07 - Geography	
10	21/09/2025	GS Full Length	FLT 01	General Studies	Full Syllabus of Paper – I: General Studies	
11	21/09/2025	CSAT Full Length	FLT 02	CSAT	Full Syllabus of Paper – II: Civil Services Aptitude Test (CSAT) Comprehension: Reading comprehension in Punjabi and English, antonyms and synonyms, grammar, and sentence formation. Interpersonal Skills: Communication skills and interpersonal effectiveness. Logical Reasoning and Analytical Ability: Basic and advanced reasoning and mental aptitude. Numerical Ability: Numbers, magnitudes, percentages, numerical relationships. Data Interpretation: Analysis of graphical presentations, charts, tables, and spreadsheets.	
12	05/10/2025	GS Full Length	FLT 03	General Studies	Full Syllabus of Paper – I: General Studies	
13	05/10/2025	CSAT Full Length	FLT 04	CSAT	Full Syllabus of Paper – II: Civil Services Aptitude Test (CSAT)	
14	12/10/2025	GS Full Length	FLT 05	General Studies	Full Syllabus of Paper – I: General Studies	
15	12/10/2025	CSAT Full Length	FLT 06	CSAT	Full Syllabus of Paper – II: Civil Services Aptitude Test (CSAT)	